

## Group Guide

*Each group is autonomous and determines its own needs.*

The following is a suggested worksheet.

### A. Our own group expenses:

- \_\_\_\_\_ rent
- \_\_\_\_\_ refreshments
- \_\_\_\_\_ literature
- \_\_\_\_\_ group representatives' expenses

### B. Contributions toward keeping the structure unified:

- \_\_\_\_\_ district
- \_\_\_\_\_ local Al-Anon information service
- \_\_\_\_\_ area
- \_\_\_\_\_ World Service Office

*Note: In structures outside the US/Canada, contributions are sent to their General Service Office, in addition they support the WSO as well.*



## Ways to increase contributions

- » Pass around a "loose change" can in addition to the basket
- » Raffle a book or Forum subscription
- » Have members contribute items and services for sale (baked goods, handmade articles, etc.)

See pages 71-72 of the *2000-2002 Al-Anon/Alateen Service Manual* for more group fundraising ideas.

*I practice the spiritual principles of gratitude when I give back. Money doesn't go as far as it used to...let's break the "Buck Barrier."*

Al-Anon Family Group Headquarters, Inc.  
World Service Office

1600 Corporate Landing Parkway  
Virginia Beach, VA 23454-5617  
Phone: (757) 563-1600 Fax: (757) 563-1655  
www.al-anon.alateen.org e-mail: wso@al-anon.org

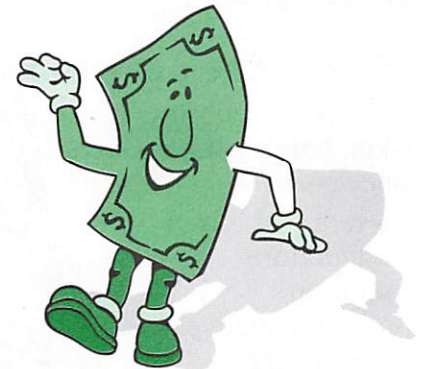
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# Seventh Tradition

**"Every group ought to be fully self-supporting, declining outside contributions."**



**It is firmly believed that as the groups understand the situation more clearly, their contributions will increase...**

The Twelve Concepts of Service Section of the *Al-Anon/Alateen Service Manual*, p.193

AL-ANON FAMILY GROUPS   
*hope for families & friends of alcoholics*

## What does my contribution help the WSO do?

- » answer 35,000, toll free phone calls annually for meeting information
- » assist lone members
- » provide literature in 30 languages
- » subsidize the cost of *The Forum* subscriptions
- » connect isolated groups around the world
- » create public service announcements encourages professionals to refer individuals to Al-Anon/Alateen
- » underwrite the World Service Conference and Regional Service Seminars
- » maintain services to all Al-Anon/Alateen groups

## Where does my money go?

When we put our money in the group's basket, here's where our money goes:

- » rent
- » literature
- » group representative expenses
- » refreshments
- » reserve fund

When the group is financially sound enough to meet its monthly expense and establish a prudent reserve, it makes additional service possible by passing the excess group funds on to:

Districts for service projects such as:

- » newsletters
- » travel expenses for the district representative
- » public outreach



Al-Anon Information Services for:

- » meeting lists
- » literature
- » telephone answering services

Areas for expenses of:

- » assemblies
- » area world service committee meetings
- » delegates and area trusted servant expenses

World Service Office (WSO):

- » helps new Al-Anon and Alateen groups worldwide
- » develops the translations of recovery and service material
- » serves as a clearinghouse for our fellowship in the US, Canada and around the world

## How can I contribute to the WSO?

Quarterly Appeal: Four times a year the WSO asks individual members to help carry the message worldwide by taking a special collection. Contributions are then sent collectively by the group treasurer. (\$5.00 per member is suggested but *no amount is too small.*)

Birthday Plan: By contributing \$1.00 for each year of your recovery, you are saying "Thanks" in an extremely tangible way. (Special envelopes are available from the WSO upon request.)

In Memoriam Gifts: Contributions from members in memory of a deceased mem-



ber or loved one are spiritual tributes that carry a message of hope.

Bequests: The WSO can accept a one-time legacy in any amount up to \$100,000. (For further instructions, write to the WSO and request the leaflet S-38, *Remember Al-Anon in your Will.*)

Direct Contributions: Each member may contribute a maximum of \$10,000 annually. Such contributions are vital since only members can contribute. (The WSO returns gifts to individuals and sources outside of the fellowship.)

Other Ways of Contributing: *Automatic deductions* can be made directly from your bank account or credit card. *Stock or other appreciated property* may also be donated (Write to the WSO for details).

Please make your checks payable to: \*  
AFG, Inc. or AFG (Canada), Inc. \*\*  
1600 Corporate Landing Parkway  
Virginia Beach, VA 23454-5617

\*Visa, Mastercard, American Express or  
Discover Card may be used.

\*\*Registered in the US as a not-for-profit organization  
and Canada as a registered charity.

### The Al-Anon Declaration Let It Begin With Me

When anyone anywhere reaches  
out for help let the hand of Al-Anon  
and Alateen always be there, and —  
Let It Begin With Me.